July – August Pool Schedule 2010

Schedule Subject to Change

Lanes	Monday 1	2	3	4	5	Tueday 1	2	3	4	5	Wednesday 1	2	3	4	5	Thursday 1	2	3	4	5	Friday 1	2	3	4	5	Saturday 1	2	3	4	5	Sunday 1	2	3	4	5
6:00 AM	Kronos			LS	LS	Kronos			LS	LS	Kronos			LS	LS	Kronos			LS	LS			LS	LS	LS										
6:30 AM																																			
7:00 AM	6:00-7:30					6:00-7:30					6:00-7:30					6:00-7:30																			
7:30 AM																																			
8:00 AM	Deep Water					OPEN					Deep Water					Aqua					Deep Water														
8:30 AM	8:00-8:45					POOL					8:00-8:45					Jog					8:00-8:45													LS	
9:00 AM	Shallow Water										Shallow Water										Shallow Water														
9:30 AM	Gentle Workout										Gentle Workout										Gentle Workout								LS	LS					
10:00 AM	9:40-10:25										9:40-10:25										9:40-10:25														
10:30 AM	JCC Summer					JCC Summer					JCC Summer			LS		JCC Summer					JCC Summer														
11:00 AM	Camps in the					Camps in the					Camps in the					Camps in the					Camps in the														
11:30 AM	Pool					Pool					Pool					Pool					Pool														
12:00 PM																																			
12:30 PM	9:30-3:00					9:30-3:00					9:30-3:00					9:30-3:00					9:30-3:00														
1:00 PM																																			
1:30 PM																																			
2:00 PM	OPEN					OPEN					OPEN					OPEN					OPEN					OPEN					FREE				
2:30 PM	POOL					POOL					POOL					POOL					POOL					POOL					SWIM				
3:00 PM																																			
3:30 PM																					FREE														
4:00 PM	Swimming			LS		Swimming					Swimming					Swimming					SWIM														
4:30 PM	Lessons					Lessons					Lessons					Lessons																			
5:00 PM																																			
5:30 PM	4:00-6:30					4:00-6:30					4:00-6:30					4:00-6:30																			
6:00 PM	Tritons					Tritons					Tritons					Tritons																			
6:30 PM	Summer Swim Club					Summer Swim Club					Summer Swim Club					Summer Swim Club																			
7:00 PM	6:00-7:30					6:00-7:30					6:00-7:30					6:00-7:30																			
7:30 PM	FREE			LS		Aqua		LS	LS		FREE			LS		FREE			LS																
8:00 PM	SWIM					Jog					SWIM					SWIM																			
8:30 PM																																			
9:00 PM																																			
9:30 PM																																			
	Pool Closes 8:30 PM					Pool Closes 8:30 PM					Pool Closes 8:30 PM					Pool Closes 8:30 PM					Pool Closes 5:30 PM					Pool Closes 6:30 PM					Pool Closes 6:30 PM				