

AQUAFIT SCHEDULE • AUGUST 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7:05 - 7:50am Deep Water Helen 31 8:00 - 8:45am Deep Water Candace 8:50 - 9:35am Shallow Candace 9:45 - 10:30am As You Choose Louise 12:10 - 12:55pm Deep Water Jen M.	8:15 - 9:00am Tether LeAnne 1 12:10 - 12:55pm Deep Water LeAnne 6:15 - 7:00pm Aqua Unleashed Leona	7:05 - 7:50am Deep Water LeAnne 2 8:00 - 8:45am Deep Water Helen 8:50 - 9:35am Shallow Helen 10:15 - 11:00am As You Choose Helen	8:15 - 9:00am Tether Louise 3 12:10 - 12:55pm Deep Water Candace	8:00 - 8:45am Deep Water Helen 4 8:50 - 9:35am Shallow/Aqua Zen Helen 9:45 - 10:30am As You Choose Louise	10:00 - 10:45am Aqua Variety Amanda 5
9:00 - 9:45am As You Choose Amanda 6	CIVIC HOLIDAY NO CLASSES 7	8:15 - 9:00am Tether Helen 8 12:10 - 12:55pm Deep Water Susan 6:15 - 7:00pm Aqua Variety Amanda	7:05 - 8:20am Deep Water Judy 9 8:00 - 8:45am Deep Water Judy 8:50 - 9:35am Shallow Helen 9:45 - 10:30am As You Choose Helen	8:15 - 9:00am Tether Louise 10 12:10 - 12:55pm Deep Water Candace	8:00 - 8:45am Deep Water Helen 11 8:50 - 9:35am Shallow/Aqua Zen Helen 9:45 - 10:30am As You Choose Helen	10:00 - 10:45am Aqua Variety Louise 12
9:00 - 9:45am As You Choose Helen 13	7:05 - 7:50am Deep Water Helen 14 8:00 - 8:45am Deep Water Judy 8:50 - 9:35am Shallow Candace 9:45 - 10:30am As You Choose Louise 12:10 - 12:55pm Deep Water Jen M.	8:15 - 9:00am Tether LeAnne 15 12:10 - 12:55pm Deep Water LeAnne 6:15 - 7:00pm Aqua Variety Judy	7:05 - 7:50am Deep Water Judy 16 8:00 - 8:45am Deep Water Judy 8:50 - 9:35am Shallow Helen 9:45 - 10:30am As You Choose Helen	8:15 - 9:00am Tether Louise 17 12:10 - 12:55pm Deep Water Candace	8:00 - 8:45am Deep Water Helen 18 8:50 - 9:35am Shallow/Aqua Zen Helen 9:45 - 10:30am As You Choose LeAnne	10:00 - 10:45am Aqua Variety Amanda 19
9:00 - 9:45am As You Choose Amanda 20	7:05 - 7:50am Deep Water Helen 21 8:00 - 8:45am Deep Water Candace 8:50 - 9:35am Shallow Candace 9:45 - 10:30am As You Choose Louise 12:10 - 12:55pm Deep Water Jen M.	8:15 - 9:00am Tether LeAnne 22 12:10 - 12:55pm Deep Water LeAnne 6:15 - 7:00pm Aqua Variety Amanda	7:05 - 7:50am Deep Water Judy 23 8:00 - 8:45am Deep Water Judy 8:50 - 9:35am Shallow Helen 9:45 - 10:30am As You Choose Helen	8:15 - 9:00am Tether Louise 24 12:10 - 12:55pm Deep Water Candace	8:00 - 8:45am Deep Water Helen 25 8:50 - 9:35am Shallow/Aqua Zen Helen 9:45 - 10:30am As You Choose LeAnne	POOL CLOSED FOR CLEANING 26
POOL CLOSED FOR CLEANING 27	POOL CLOSED FOR CLEANING 28	POOL CLOSED FOR CLEANING 29	POOL CLOSED FOR CLEANING 30	POOL CLOSED FOR CLEANING 31	POOL CLOSED FOR CLEANING 1	POOL CLOSED FOR CLEANING 2

Instructors and schedule subject to change without notice, please go to calgaryjcc.com for up-to-date information. For more information contact LeAnne Crane at lcrane@cjcc.ca.