



APRIL 2018 Pool Schedule

April 8: Swim lessons start / Registration still open

Schedule for April 9 to 30

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Lane	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	
5:30AM	Lane Swimming Only	Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming			
6:00AM		Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming			
6:30AM		Lane Swimming	Lane Swimming	Lane Swimming	Lane Swimming			
7:00AM		Lane Swimming	Open Swim	Lane Swimming	Lane Swimming			
7:30AM		Lane Swimming	Open Swim	Lane Swimming	Lane Swimming			
8:00AM		As You Choose (7:35-8:20) Deep Water (8:30-9:15) Shallow Water (9:20-10:05) As You Choose (10:15-11:00)	Tether 8:15-9:00	As You Choose (7:35-8:20) Deep Water (8:30-9:15) Shallow Water (9:20-10:05) As You Choose (10:15-11:00)	Tether 8:15-9:00	Deep Water (8:30-9:15) Shallow Water (9:20-10:05) As You Choose (10:15-11:00)		Lane Swimming
8:30AM							Group Lessons both lanes	Aqua Variety 9:00-9:45
9:00AM			Class				Aqua Variety 10:00-10:45	
9:30AM			Open & Family Swim		Open & Family Swim		Group Swim Lessons 11:00-12:30	Private and Group Swim
10:00AM								
10:30AM								
11:00AM								
11:30AM								
12:00PM								
12:30PM	Deep Water 12:10 - 12:55	Deep Water 12:10 - 12:55	No Limits 12:00-1:00	Deep Water 12:10 - 12:55	No Limits 12:00-1:00			
1:00PM								
1:30PM		Home school lessons 1:00-4:30			Friday Fun 1:00-2:30	Mako Waterpolo 12:30-2:30		
2:00PM								
2:30PM								
3:00PM	Open Swim		Open Swim		Open & Family Swim			
3:30PM								
4:00PM								
4:30PM	Private and Group Swim Lessons 3:00 - 5:30		Private and Group Swim Lessons 3:00 - 5:30		Private Swimming			
5:00PM		P-Too Swim Club 4:30-6:00		P-Too Swim Club 4:30-6:00	Lessons 2:30-5:00			
5:30PM								
6:00PM	Mako 5:30-7:00	Private Booking	Mako 5:30-7:00					
6:30PM		Aqua Unleashed 6:15-7		Mako Waterpolo 6:00-8:00				
7:00PM								
7:30PM	Lane Barracudas 7:00-9:00	Lane Kronos 7:00-9:30pm	Lane Barracudas 7:00-9:00					
8:00PM				Lane No Limits 8:00-9:00				
8:30PM		Swimming						
9:00PM	Swimming	Open & Family Swim	Swimming	Swimming				

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool
 Schedule subject to change without notice • Please check our website at calgaryjcc.com for up-to-date information