



DECEMBER 2017 Pool Schedule

Schedule for December 23 to 31

	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday				
Lane	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5
5:30AM	Grey																																		
6:00AM	Grey																																		
6:30AM	Grey																																		
7:00AM	Grey																																		
7:30AM	Grey																																		
8:00AM	Lane Swimming					Lane Swimming					Lane Swimming					Lane Swimming					Lane Swimming					Lane Swimming					Lane Swimming				
8:30AM	Lane Swimming					Lane Swimming					Deep Water (7:35-8:20) Deep Water (8:30-9:15) Shallow Water (9:20-10:05) As You Choose (10:15-11:00)					Tether 8:15-9:00					Deep Water (8:30-9:15) Shallow Water (9:20-10:05) As You Choose (10:15-11:00)					Lane Swimming					Open & Family Swim				
9:00AM	Lane Swimming					Lane Swimming					Fastlane 9:00-11:00					Fastlane 9:00-11:00					Deep Water (8:30-9:15) Shallow Water (9:20-10:05) As You Choose (10:15-11:00)					Aqua Variety 9:00-9:45am									
9:30AM	Lane Swimming					Lane Swimming					Camp 11-12					Camp 11-12					Camp 11-12					Open									
10:00AM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Aqua Variety 10:00-10:45									
10:30AM	Lane Swimming					Lane Swimming					Winter Camp 1:00-3:15pm					Winter Camp 1:15-3:15pm					Winter Camp 1:00-3:15pm					Open									
11:00AM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
11:30AM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
12:00PM	Lane Swimming					Lane Swimming					Open Swim					Open Swim					Open Swim					Open									
12:30PM	Lane Swimming					Lane Swimming					Open Swim					Open Swim					Open Swim					Open									
1:00PM	Lane Swimming					Lane Swimming					Winter Camp 1:00-3:15pm					Winter Camp 1:15-3:15pm					Winter Camp 1:00-3:15pm					Open									
1:30PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
2:00PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
2:30PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
3:00PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
3:30PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
4:00PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
4:30PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
5:00PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
5:30PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
6:00PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
6:30PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
7:00PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
7:30PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
8:00PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
8:30PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									
9:00PM	Lane Swimming					Lane Swimming					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Fastlane 12:00-2:00					Open									

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool
 Schedule subject to change without notice • Please check our website at calgaryjcc.com for up-to-date information