PAPERNY FAMILY

MARCH 2023 Pool Schedule

Early Building Closure Wednesday, March 15 | 5:30AM - 4:30PM

March 1 to 31

	MONDAY		TUESC	WEDNESDAY				THURSDAY				FRIDAY			SATURDAY			SUNDAY					
5:30AM		5:30AM	Lane Swim		5:30AM			5:30AM				5:30AM					:30AM			5:30AM			
6:00AM		6:00AM			6:00AM			6:00AM		Lane Sw		6:00AM				6:00AM				6:00AM			
6:30AM	Lane Swim	6:30AM			6:30AM		Lane Swim	6:30AM		Lane Sw	Im	6:30AM	Lane Swim		6:30AM				6:30AM				
7:00AM		7:00AM			7:00AM			7:00AM			7:00AM				7:00AM				7:00AM				
7:30AM		7:30AM	Tether (7:35-8:25)		7:30AM			7:30AM		As you choos		7:30AM			7:30AM				7:30AM				
8:00AM	Lane Swim	8:00AM	reuler (7:35-8:25)		8:00AM	1	Swim	5. 8:00AM	8:25)	8:00AM	Tether (8:05- 8:55)		8:00AM				8:00AM	Lane Swim	As you	choose			
8:30AM	8:55)	8:30AM		8:30AM		8:55)	8:30AM	8:30AM		8:30AM						8:30AM	Lane Swim	(8:05	5-8:55)				
9:00AM	Deep Water (9:05-9:55)	9:00AM	True Blue 8:30-12:15		9:00AM	MAOC	Shallow Water (9:05-	9:00AM			9:00AM	Lane Swim		allow Water	9:00AM				9:00AM				
9:30AM	Deep water (5.05-5.55)	9:30AM			9:30AM 10:00AM 10:30AM		9:55)	9:30AM	и		9:30AM	· Lane Swin	(9:05-9:55)		9:30AM				9:30AM				
10:00AM	Aqua Healing (10:05-	10:00AM					Aqua Healing (10:05-	10:00AM	Ter		ue 8:30-12:15	10:00AM	Deep Wa		ter (10:05-	10:00AM			10:00AM				
10:30AM	10:55)	10:30AM				Swim	10:55)	10:30AM		True Blue 0:30-12:13		10:30AM	10):55)	10:30AM				10:30AM			
11:00AM	Family/	11:00AM			11:00AM	rane M	Family/ Open Swim	11:00AM	_			11:00AM	Swim	Family/ Open	11:00AM			11:00AM					
11:30AM	Swim	11:30AM						11:30AM			11:30AM	2 .		Swim	11:30AM				11:30AM	True Blue 9:00-2:15			
12:00PM	As you choose (12:05-12:55)	12:00PM			12:00PM		As you choose (12:05-12:55)	12:00PM						12:00PM	oose (12:05-				12:00PM	12:00PM			
12:30PM	AS you choose (12.03-12.55)	12:30PM	Ac you Choose	As you Choose (12:15-1:05)		<u>.</u>	A3 you choose (12.03-12.55)	12:30PM		As you Choose (12:15-1:05)	12:30PM			2:55)	12:30PM				12:30PM				
1:00PM	Lane Swim	1:00PM			1:00PM		Family/	1:00PM		As you choo	1 Choose (12:15-1:05)	1:00PM				1:00PM	True Blue 8:30-5:45		1:00PM				
1:30PM		1:30PM	Lano Swim	Lane Swim Open Swim	1:30PM	La	ane Swim Open	1:30PM	Lane Swi	ano Swim	Kids r Us	1:30PM	Lane Swim	n Friday	iday Fun Day/Family Swim	1:30PM			1:30PM				
2:00PM	Swim	2:00PM	Lunc Swim		2:00PM		Swim	2:00PM		Lane Swim	Lessons	2:00PM			2:00PM				2:00PM				
2:30PM		2:30PM			2:30PM			2:30PM				2:30PM			2:30PM				2:30PM			Sa	
3:00PM		3:00PM			3:00PM			3:00PM				3:00PM			3:00PM			3:00PM			okin		
3:30PM		3:30PM			3:30PM			3:30PM				3:30PM				3:30PM			3:30PM	8:00)		es Bo	
4:00PM		4:00PM		True Blue 2:30-7:15				4:00PM				4:00PM				4:00PM				4:00PM	(12:00-	c	Partio
4:30PM	True Blue 2:30-7:15	4:30PM	True Blue 2:			Те	ue Blue 2:30-7:15	4:30PM	Tr	True Blue 2:30-7:15		4:30PM	True Blue 2:30-7:15		:30-7:15	4:30PM				4:30PM	urses (Lane Swim	day I
5:00PM		5:00PM						5:00PM				5:00PM	- The -			5:00PM				5:00PM	S E	Lane	Family Swim & Birthday Parties Bookings
5:30PM		5:30PM			5:30PM			5:30PM				5:30PM				5:30PM				5:30PM	tificati		⊗ E
6:00PM		6:00PM			6:00PM			6:00PM				6:00PM				6:00PM		avim May		6:00PM	Cert		/ Swi
6:30PM		6:30PM			6:30PM	_		6:30PM			6:30PM			6:30PM	Certification Courses (12:00-8:00)			6:30PM			amily		
7:00PM		7:00PM			7:00PM			7:00PM			7:00PM			7:00PM	Fam Re B			7:00PM			ů.		
7:30PM	Mako Water polo	7:30PM	Junior <u>E</u> Masters	Masters 8 non			Mako Water polo	7:30PM	Junior Masters		E Family/O	7:30PM	Certification Cou		rses (4:30- 7:	7:30PM		. —		7:30PM]
8:00PM	Make Water pole	8:00PM	Swim Club Swim		8:00PM	wako water polo		8:00PM		Swim Club		8:00PM	8:30))	8:00PM				8:00PM			
8:30PM		8:30PM			8:30PM			8:30PM				8:30PM				8:30PM				8:30PM			
9:00PM		9:00PM			9:00PM			9:00PM				9:00PM				9:00PM				9:00PM			

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+ participants

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool Schedule subject to change without notice • Please check our website at calgaryjcc.com/schedules for up-to-date information