PAPERNY FAMILY

FEBRUARY 2023 Pool Schedule

Family Day Hours Monday, February 20 | 8:00am - 3:30pm

February 1 to 28

		DAY		TUESDAY				WEDNESDAY			THURSDAY					FRIDAY				SATURDAY			SUNDAY				
5:30AM		Lane Swim		5:30AM			5:30AM				5:30AM					:30AM				5:30AM		5:30AM					
6:00AM				6:00AM	1.	Lane Swim		6:00AM		Lane Swim		6:00AM	L		Lane Swim		:00AM				6:00AM	1		6:00AM			
6:30AM				6:30AM	L			6:30AM				6:30AM					:30AM	Lane Swim		6:30AM			6:30AM				
7:00AM			7:00AM			7:00AM				7:00AM					:00AM			7:00AM			7:00AM	Ļ					
7:30AM				7:30AM	Tether (7	1-25-8-25	5)	7:30AM				7:30AM		A	As you choose (7:35-	·5- 7:	:30AM				7:30AM			7:30AM			
8:00AM	Lane Sw	ane Swim Shallow Water (8:05- 8:55)		8:00AM			8:00AM		Deep Water (8:05		8:00AM	8:25)		8:	:00AM	Tether (8:05-			8:00AM				Lane Swim	-	s you choose		
8:30AM	Lune Sh			8:30AM				8:30AM	Lunc	8:55)		8:30AM	_		8:	:30AM	8	3:55)		8:30AM	-		8:30AM		(8:05-8:55)		
9:00AM		Aqua Healing (10:05- 10:55) Family/ Open Swim		9:00AM		True Blue 8:30-12:15		9:00AM		Shallow Water (9:05- 9:55) Aqua Healing (10:05-		9:00AM				9:	:00AM	Lane {	Shallow Water (9:05-9:55)		9:00AM			9:00AM			
9:30AM				9:30AM				9:30AM				9:30AM				9:	:30AM				9:30AM			9:30AM			
10:00AM	1			10:00AM	True Blu			10:00AM				10:00AM	True Blue 8:30-12:15			0:00AM		Deep Water (10:05-		10:00AM			10:00AM				
10:30AM	e Swim			10:30AM			10:30AM	e Swim	10:55)		10:30AM				0:30AM		10:55)		10:30AM			10:30AM					
11:00AM	Lane			11:00AM			11:00AM	Lane		Family/ Open	11:00AM				11	1:00AM	e Swin		Family/ Open	11:00AM	1	11:00AM					
11:30AM	_			11:30AM				11:30AM	<u> </u>	Swim		11:30AM			11	1:30AM	Lane		Swim	11:30AM	-		11:30AM	True B	True Blue 9:00-2:15		
12:00PM			e (12:05-12:55)	12:00PM		As you Choose (12:15-1:05)	12:00PM	PM	As you choose (12:05-12:55)		12:00PM				12	2:00PM			ose (12:05-								
12:30PM				12:30PM	As yo		12:30PM				12:30PM		As you Choose (12:15-1:05)		2:30PM	12:		55) 12:30PM		-		12:30PM					
1:00PM			Family/	1:00PM			1:00PM			Family/	1:00PM				1:	:00PM	-	Side Second Second	1:00PM	True Blue 8:30-5:45	1:00PM						
1:30PM	Lane Swim		Open	1:30PM	Lane Swi	Lane Swim Open	1:30PM	La	-	Open Swim	1:30PM	Lane Swi	ane Swim	rim Lessons	1:	:30PM	Lane Swi	wim Friday Fun Day/Family Swim	1:30PM		1:30PM						
2:00PM		Swim		2:00PM		Swim		2:00PM		Swim		2:00PM					:00PM				2:00PM	-		2:00PM			
2:30PM			2:30PM			2:30PM				2:30PM				2:	:30PM			2:30PM	-		2:30PM	-	sau	ngs			
3:00PM				3:00PM				3:00PM				3:00PM	-			_	:00PM				3:00PM			3:00PM		anki	ooki
3:30PM				3:30PM				3:30PM				3:30PM	- 1			_	:30PM				3:30PM	-	3:30PM	00-8:00)		ties B	
4:00PM				4:00PM			4:00PM			4:00PM					:00PM	True Blue 2:3			4:00PM		4:00PM	(12:0	im / Part	/ Part			
4:30PM	True Blue 2:30-7:15 5:30PM 5:30PM 5:30PM		4:30PM	True Blue 2:30-7:15		4:30PM	Tr	True Blue 2:30-7:15		4:30PM	Tr	True Blue 2:30-7:15			:30PM			30-7:15	4:30PM	-		4:30PM	ourses	Lane Swim	(hda)		
			5:00PM				5:00PM				5:00PM				-	:00PM			-	5:00PM		5:00PM	ertification C	Lan	Lane Swim Family Swim & Birthday Parties Bookings		
				5:30PM 6:00PM				5:30PM				5:30PM				_	:30PM					5:30PM		5:30PM			
			-				6:00PM				6:00PM				:00PM			6:00PM	Certification Concest (15700-8:00) Birthday		6:00PM	8		ily Sv			
				6:30PM			6:30PM	_			6:30PM				:30PM				6:30PM	(12:00-8:00)	Lane : amily & Birt	6:30PM			Fam		
7:00PM				7:00PM	lunior	Junior 🚊 Family/O		7:00PM				7:00PM	1	nior <u>E</u> Family			:00PM				7:00PM		Fa 8	7:00PM			
7:30PM 8:00PM	1	Mako Water polo		7:30PM 8:00PM	Masters	Masters pen		7:30PM 8:00PM		Mako Water polo		7:30PM 8:00PM	Mas	sters	pen pen		:30PM	Certifi	ication Courses (4:30- 8:30)		7:30PM 8:00PM	ł		7:30PM 8:00PM			
				Swim Club Swim							Swim	Swim Club Swim								ł		8:00PM					
8:30PM 9:00PM	-		8:30PM 9:00PM			8:30PM 9:00PM				8:30PM 9:00PM	4			:30PM			8:30PM 9:00PM				<u> </u>						
9:00PM				9:00PM				9:00PM				9:00PM				9:	JUPM				9:00PM			9:00PM			

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+ participants

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool Schedule subject to change without notice • Please check our website at calgaryjcc.com/schedules for up-to-date information