PAPERNY FAMILY

JANUARY 2024 Pool Schedule

January 2 to 31

MONDAY				TUESDAY				WEDNESDAY			THURSDAY				FRIDAY				SATURDAY			SUNDAY					
5:30AM		Lane Swim		5:30AM			5:30AM				5:30AM				5:30AM				5:30AM				1				
6:00AM				6:00AM	Lane Swim		6:00AM				6:00AM	Lane Swim		6:00AM		6:00AM					6:00AI	1					
6:30AM				6:30AM	Lane Swim	booking	6:30AM		Lane Swim		6:30AM	Lane Swim		booking	6:30AM		Lane Swim		6:30AM			6:30AI	1				
7:00AM			7:00AM	od Fr		7:00AM				7:00AM	As you choose (7:35-		7:00AM	· –		7:00AM		7:00AI	1								
7:30AM			7:30AM			7:30AM				7:30AM			7:30AM			7:30AM				1							
8:00AM		Shallow Water (8:05-		8:00AM	Tether (7:35-8:25)		8:00AM		Deep Water (8:05- 8:55)		8:00AM	8:25)		8:00AM	Tether (8:05-8:55)		8:00AM		8:00A			As you choose (8:05-					
8:30AM		8:55)		8:30AM				1			8:30AM				8:30AM	Tethe	r (8:05-8:55)		8:30AM		8:30AI	Lane	Swim	8:55)			
9:00AM	[Aqua Healing (10:05-9:55) - Family/ Open Swim		9:00AM			9:00AM		Shallow Water (9:05-9:55)		9:00AM			9:00AM	Lane Swim 9:55		9:00AM		9:00AI	1							
9:30AM				9:30AM							9:30AM			9:30AM			9:30AM		9:30AI	1							
10:00AM				10:00AM	True Blue 8:30-12:15		10:00AM		Aqua Healing (10:05-10:55)		10:00AM		Blue 8:30-12:15		10:00AM			<i></i>	10:00AM			10:00A	:00AM				
10:30AM	Swim			10:30AM				Swim			10:30AM	True Blu		19	10:30AM		Deep Water	(10:05-10:55)	10:30AM			10:30A	и				
11:00AM	Lane S			11:00AM			11:00AM	Lane		Family/	11:00AM				11:00AM	Swim		Family/ Open Swim	11:00AM			11:00A	и				
11:30AM				11:30AM				1		Open Swim	11:30AM				11:30AM	Lane			11:30AM			11:30A	u Tr	True Blue 9:00-2:15		2:15	
12:00PM	Ī	As you choose (12:05-12:55) Family/		12:00PM			12:00PM		As you choose (12:05-12:55)		12:00PM			12:00PM	As you choose (12:05-12:55)		12:00PM		12:00P	л							
12:30PM				12:30PM		As you Choose (12:15-1:05)					12:30PM		12:30PM	12:30PM				12:30P	4								
1:00PM	L			1:00PM	As you Choose						1:00PM	As you Choose	ou Choose (12:15-1		1:00PM				1:00PM	True Bl	ue 8:30-5:4	5 1:00P	1				
1:30PM	La	ine Swim	Open	1:30PM	Family/	1:30PM	-	ane Swim	Family/ Open Swim	1:30PM		. Kids r	Us	1:30PM	Lane Swim Fri	Swim Friday	riday Fun Day/Family Swim	1:30PM			1:30PI	1					
2:00PM		Sw		2:00PM	Lane Swim	Open Swim		2:00PM			2:00PM	Lane Swi	Lessons	ns		2:00PM			2:00PM			2:00P	1				
2:30PM				2:30PM	True Blue 2:30-7:15		2:30PM				2:30PM				2:30PM				2:30PM		2:30P	1			s		
3:00PM				3:00PM			3:00PM				3:00PM	-			3:00PM			3:00PM		3:00PI	· .	(12:00-8:00)		Family Swim & Birthday Parties Bookings			
3:30PM				3:30PM			3:30PM				3:30PM				3:30PM			3:30PM		3:30P							
4:00PM				4:00PM			4:00PM				4:00PM				4:00PM			4:00PM		4:00P	ı ŝ		-	artie			
4:30PM	True Blue 2:30-7:15		2.20 7.45	4:30PM			4:30PM		rue Blue 2:30-7:15		4:30PM	True Pl	lue 2:30-7:15	_	4:30PM	True Blue 2:30-7:15		4:30PM		4:30PI		Courses Lane Swim	Swin	day P			
5:00PM			2:30-7:15	5:00PM			5:00PM		True Diue 2:30-7:13		5:00PM	True Blue 2:30-7		5	5:00PM			5:00PM			5:00PI			ane	Birth		
5:30PM				5:30PM							5:30PM				5:30PM				5:30PM			5:30PI		Certification (ы Ма	
6:00PM				6:00PM			6:00PM				6:00PM				6:00PM				6:00PM	Contification E Family	6:00PI				y Swi		
6:30PM				6:30PM							6:30PM				6:30PM				6:30PM	Courses (12:00 Swim &	& 6:30PI		e e		amil		
7:00PM				7:00PM			7:00PM	•			7:00PM				7:00PM			7:00PM	-0.00	ay 7:00PI	•			L.			
7:30PM		Lifesaving Swim Club	Lane Swim	7:30PM	Recreational Swim	Family/ Open	7:30PM		aving Swim	Lane Swim	7:30PM	Recreational	Swim Fam	-	7:30PM	Certi	fication Co		7:30PM			7:30PI	1				
8:00PM	8:00PM		Lane Swilli	8:00PM	Club	Swim	8:00PM		Club	Lane Swim	8:00PM	Club	Swi		8:00PM		8:30)		8:00PM			8:00PI	I				
8:30PM			8:30PM			8:30PM				8:30PM				8:30PM				8:30PM			8:30PI	I					
9:00PM				9:00PM			9:00PM				9:00PM				9:00PM				9:00PM			9:00PI					

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+ participants

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool Schedule subject to change without notice • Please check our website at calgaryjcc.com/schedules for up-to-date information