

NOVEMBER 2025 Pool Schedule

HOT TUB CLOSES at 8:30pm every Monday at 5:00pm every Friday

Tuesday, November 11 • 8:00AM-3:30PM Remembrance Day

November 1 to 30

	MONDAY			TUESDAY			WEDNESDAY				THURSDAY					FRIDAY				SATURDAY				SUNDAY				
5:30AM				5:30AM			5:30AM				5:30AM				5	5:30AM				5:30AM								
6:00AM		Lane Swim		6:00AM		Swim	6:00AM			Ē	6:00AM 6:30AM 7:00AM			Swim		6:00AM			Ē	6:00AM				6:00AM				
6:30AM	Lane Swim			6:30AM	Lane Swim	-	6:30AM	Lane	ne Swim	Opern Sv		Lane Swim		- u		6:30AM		Lane Swim		6:30AM			6:30AM					
7:00AM				7:00AM		o	7:00AM							ő	7	7:00AM				7:00AM			W.	7:00AM			= =	
7:30AM		Ĭ		7:30AM	Tether		7:30AM				7:30AM		Acr	you choose	7	7:30AM		_		7:30AM	Lane	Swim	NS E	7:30AM	Lan	ne Swim	Open	
8:00AM	Cha	Shallow Water		8:00AM	(7:35-8:25)		8:00AM		Deep Wat	ater	8:00AM			(7:35-8:25)	8	3:00AM		o E		8:00AM			Oper	8:00AM	Δα	a Variety	(8:00-	
8:30AM	(8:05-8:55)		-	8:30AM			8:30AM		(8:05-8:5		8:30AM				8	3:30AM	Tether (8:05-8:55)		Swir	8:30AM	B:30AM			8:30AM	Aqua	8:50)	(8.00-	
9:00AM	Deep Water (9:05-9:55) Aqua Healing		·05.	9:00AM			9:00AM		Shallow Water (9:05-9:55)		9:00AM				9	9:00AM		Shallow Water (9:05-9:55)		9:00AM				9:00AM				
9:30AM				9:30AM		9:00-12:00	9:30AM 10:00AM				9:30AM			9:00-12:00	9	9:30AM				9:30AM				9:30AM				
10:00AM			1	10:00AM	Lane Swim			Swim			10:00AM	Lane Swim	Swim		10	0:00AM				10:00AM				10:00AM				
10:30AM		(10:05-10:55)		10:30AM			10:30AM	Lane	(10:05-10:55)		10:30AM			JSwim 9	10	0:30AM	E	Deep Water (10:05-10	:55)	10:30AM	JSwim 8:45		1:30	10:30AM				
11:00AM	Family/ Open		1	11:00AM		JSwim	11:00AM 11:30AM			nily/ oen	11:00AM				11	1:00AM		Family		11:00AM	JSW	IM 6:45-	1:30	11:00AM	JSw	im 8:45-1	:30	
11:30AM		Swim		11:30AM		r					11:30AM	_			11	1:30AM			11:30AM			11:30AM						
12:00PM	As you choose		1	12:00PM	As you choo		12:00PM		s you choose		12:00PM			ou choose		2:00PM	_	As you choose (12:05-12:	2:55)			12:00PM		12:00PM				
12:30PM	(12:05-12:	(12:05-12:55)		12:30PM	(12:05-12:55)		12:30PM	(1	(12:05-12:55)		12:30PM		(12:05-12		1:	2:30PM		2.55,	12:30PM			12:30PM						
1:00PM	The second secon		1	1:00PM		KidsR	1:00PM	Lane St		Family/ Open Swim	1:00PM			Family/ Open	1	1:00PM				1:00PM			1:00PM					
1:30PM		Family		1:30PM		Us 1:05-2:35 Family/ Open	1:30PM		Swim Op		1:30PM				, 1	1:30PM	Lane Swim Friday Fur & Open S			1:30PM	(00:9-			1:30PM	<u> </u>			
2:00PM		Open		2:00PM	Lane Swim		2:00PM				2:00PM	Lane S	Swim		2	2:00PM				2:00PM			ings	2:00PM	(10:00-6:00)		ings	
2:30PM		Swim	2	2:30PM			2:30PM				2:30PM			Swim	2	2:30PM				2:30PM	(10:00		Bookings	2:30PM	10:0		Bookings	
3:00PM			3	3:00PM		Swim	3:00PM				3:00PM				3	3:00PM			3:00PM) sə	Swim		3:00PM) se	Swim			
3:30PM			3	3:30PM			3:30PM	3:30PM						3	3:30PM			3:30PM	Cours ane Si		Parties	3:30PM	ours	e S	Parties			
4:00PM		JSwim 3:45-7:30		4:00PM			4:00PM				4:00PM				4	1:00PM		JSwim 245-6:30		4:00PM	on G	Lane	irthday	4:00PM	•	Lane	day	
4:30PM				4:30PM			4:30PM		Swim 3:45-7:30		4:30PM				4	1:30PM			4:30PM	ertificati		Ē	4:30PM	Certificati		Birthday		
5:00PM	JSwim 3:45			5:00PM	JSwim 3:45	5-7:30	5:00PM	JSw			5:00PM	JSv	JSwim 3:45-7:3		5	5:00PM					5:00PM		થ E		5:00PM		ం ర	
5:30PM				5:30PM			5:30PM				5:30PM				5	5:30PM			5:30PM	- 6		Swin	5:30PM	- 8		Swim		
6:00PM	_ _ _		6	6:00PM			6:00PM				6:00PM				6	6:00PM				6:00PM	Lane Swim		6:00PM	Lane		amily		
6:30PM			-	6:30PM			6:30PM				6:30PM				6	6:30PM			6:30PM	Lane S	wim	F	6:30PM	Lane Swim		Fa		
7:00PM				7:00PM			7:00PM				7:00PM					7:00PM	Certification Courses (4:		:30-	7:00PM				7:00PM				
7:30PM	Lifesaving		1	7:30PM	JFins Swim	ramily/		Lifesa			7:30PM	JFins 9		Family	7	7:30PM	8:30)			7:30PM			7:30PM					
8:00PM	JFins Club	Lane Swim		8:00PM	Club	Open Swim	8:00PM	JFins (Lane	e Swim	8:00PM	Clu		Open Swim		8:00PM				8:00PM				8:00PM				
8:30PM	Lane Swim		8	8:30PM	Lane Swim	OWIIII	8:30PM	Lane S	wim		8:30PM	Lane S	Swim	OWIIII	8	3:30PM				8:30PM				8:30PM				

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+ participants; Aqua healing classes with less than 8 participants will have 3 lanes, and 4 lanes with 8+ participants

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool