

DECEMBER 2025 Pool Schedule

HOT TUB CLOSES
at 8:30PM every Monday
at 5:00PM every Friday

December 29 - 31 • 1:00-3:00PM | Day Camps
Sunday, January 4 • Pool Closes at 3:30PM | Staff Training

December 29
to January 4

MONDAY, DEC.29			TUESDAY, DEC.30			WEDNESDAY, DEC.31			THURSDAY, JAN.1			FRIDAY, JAN.2			SATURDAY, JAN.3			SUNDAY, JAN.4															
5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim													
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1:00PM	Certification Courses (1:00-4:00)	Certification Courses (1:00-4:00)	1:00PM	Certification Courses (1:00-4:00)	Certification Courses (1:00-4:00)	1:00PM	Certification Courses (1:00-4:00)	Certification Courses (1:00-4:00)	1:00PM	Lane Swim	Family/ Open Swim	1:00PM	Lane Swim	Family/ Open Swim	1:00PM	Certification Courses (10:00-6:00)	Lane Swim	1:00PM	Certification Courses (10:00-6:00)	Lane Swim													
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Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+ participants;
Aqua healing classes with less than 8 participants will have 3 lanes, and 4 lanes with 8+ participants

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool

Schedule subject to change without notice • Please check calgaryjcc.com/schedules for up-to-date information