

DECEMBER 2025 Pool Schedule

HOT TUB CLOSURES

at 8:30PM every Monday
at 5:00PM every Friday

December 22 - 24 • 1:00-3:00PM | Day Camps

**December 22
to December 28**

MONDAY, DEC.22			TUESDAY, DEC.23			WEDNESDAY, DEC.24			THURSDAY, DEC.25			FRIDAY, DEC.26			SATURDAY, DEC.27			SUNDAY, DEC.28		
5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM			5:30AM			5:30AM			5:30AM		
6:00AM			6:00AM			6:00AM			6:00AM			6:00AM			6:00AM			6:00AM		
6:30AM			6:30AM			6:30AM			6:30AM			6:30AM			6:30AM			6:30AM		
7:00AM			7:00AM			7:00AM			7:00AM			7:00AM			7:00AM	Lane Swim	Open Swim	7:00AM	Lane Swim	Open Swim
7:30AM	Lane Swim	Open Swim	7:30AM	Tether (7:35-8:25)		7:30AM	Lane Swim	Open Swim	7:30AM			7:30AM	Lane Swim	Open Swim	7:30AM			7:30AM		
8:00AM			8:00AM			8:00AM			8:00AM			8:00AM			8:00AM	Lane Swim	Open Swim	8:00AM	Aqua Variety (8:00-8:50)	
8:30AM			8:30AM			8:30AM			8:30AM			8:30AM			8:30AM			8:30AM		
9:00AM			9:00AM			9:00AM			9:00AM			9:00AM			9:00AM			9:00AM		
9:30AM			9:30AM			9:30AM			9:30AM			9:30AM			9:30AM			9:30AM		
10:00AM	Lane Swim	Family/ Open Swim	10:00AM	Lane Swim	Family/ Open Swim	10:00AM	Lane Swim	Family/ Open Swim	10:00AM	Lane Swim	Family/ Open Swim	10:00AM	Lane Swim	Open Swim	10:00AM	Lane Swim	Family/ Open Swim	10:00AM	Lane Swim	Family/ Open Swim
10:30AM			10:30AM			10:30AM			10:30AM			10:30AM			10:30AM			10:30AM		
11:00AM			11:00AM			11:00AM			11:00AM			11:00AM			11:00AM			11:00AM		
11:30AM			11:30AM			11:30AM			11:30AM			11:30AM			11:30AM			11:30AM		
12:00PM	As you choose (12:05-12:55)		12:00PM	As you choose (12:05-12:55)		12:00PM	As you choose (12:05-12:55)		12:00PM	Lane Swim	Family/ Open Swim	12:00PM	Lane Swim	Open Swim	12:00PM	Certification Courses 12:00-4:00		12:00PM	Certification Courses 12:00-4:00	
12:30PM			12:30PM			12:30PM			12:30PM			12:30PM			12:30PM			12:30PM		
1:00PM			1:00PM			1:00PM			1:00PM			1:00PM			1:00PM			1:00PM		
1:30PM			1:30PM			1:30PM			1:30PM			1:30PM			1:30PM			1:30PM		
2:00PM	Lane Swim	Winter Camp & Family Swim 1:00-3:00	2:00PM	Lane Swim	Winter Camp & Family Swim 1:00-3:00	2:00PM	Lane Swim	Winter Camp & Family Swim 1:00-2:30	2:00PM			2:00PM	Lane Swim	Family/ Open Swim	2:00PM	Certification Courses 12:00-4:00		2:00PM	Certification Courses 12:00-4:00	
2:30PM			2:30PM			2:30PM			2:30PM			2:30PM			2:30PM			2:30PM		
3:00PM			3:00PM			3:00PM			3:00PM			3:00PM			3:00PM			3:00PM		
3:30PM			3:30PM			3:30PM			3:30PM			3:30PM			3:30PM			3:30PM		
4:00PM	Lane Swim	Family/ Open Swim	4:00PM	Lane Swim	Family/ Open Swim	4:00PM	Lane Swim		4:00PM			4:00PM	Lane Swim	Open Swim	4:00PM	Lane Swim	Family Swims	4:00PM	Super Splash Day (Full Pool Access for Family and Friends)	
4:30PM			4:30PM			4:30PM			4:30PM			4:30PM			4:30PM			4:30PM		
5:00PM			5:00PM			5:00PM			5:00PM			5:00PM			5:00PM			5:00PM		
5:30PM			5:30PM			5:30PM			5:30PM			5:30PM			5:30PM			5:30PM		
6:00PM	Lane Swim	Family/ Open Swim	6:00PM	Lane Swim	Family/ Open Swim	6:00PM	Lane Swim		6:00PM			6:00PM	Lane Swim	Open Swim	6:00PM	Lane Swim	Family Swims	6:00PM	Super Splash Day (Full Pool Access for Family and Friends)	
6:30PM			6:30PM			6:30PM			6:30PM			6:30PM			6:30PM			6:30PM		
7:00PM			7:00PM			7:00PM			7:00PM			7:00PM			7:00PM			7:00PM		
7:30PM			7:30PM			7:30PM			7:30PM			7:30PM			7:30PM			7:30PM		
8:00PM	Lane Swim	Family/ Open Swim	8:00PM	Lane Swim	Family/ Open Swim	8:00PM	Lane Swim		8:00PM			8:00PM	Lane Swim	Open Swim	8:00PM	Lane Swim	Family Swims	8:00PM	Super Splash Day (Full Pool Access for Family and Friends)	
8:30PM			8:30PM			8:30PM			8:30PM			8:30PM			8:30PM			8:30PM		

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+ participants;
Aqua healing classes with less than 8 participants will have 3 lanes, and 4 lanes with 8+ participants

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool

Schedule subject to change without notice • Please check calgaryjcc.com/schedules for up-to-date information