

# FEBRUARY 2026 Pool Schedule

**HOT TUB CLOSES**  
at 8:30PM every Monday  
at 5:00PM every Friday

February 12, 13, 27 • 1:00-3:00PM | Day Camps/Open Swim  
February 15 • 4:00-5:30PM | Birthday Party/Open Swim  
February 16 • 8:00AM-3:30PM | Family Day\*

**February 1 to 28**

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY							
5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM	Lane Swim	Open Swim	5:30AM			5:30AM							
6:00AM			6:00AM			6:00AM			6:00AM			6:00AM			6:00AM			6:00AM							
6:30AM			6:30AM			6:30AM			6:30AM			6:30AM			6:30AM			6:30AM							
7:00AM			7:00AM			7:00AM			7:00AM		7:00AM	7:00AM			7:00AM										
7:30AM			7:30AM			7:30AM			7:30AM		7:30AM	7:30AM			7:30AM										
8:00AM		Shallow Water (8:05-8:55)		8:00AM	Tether (7:35-8:25)		8:00AM	Deep Water (8:05-8:55)		8:00AM	As you choose (7:35-8:25)		8:00AM	Tether (8:05-8:55)	Lane Swim	8:00AM	Lane Swim	Open Swim	8:00AM	Aqua Variety (8:00-8:50)					
8:30AM				8:30AM			8:30AM			8:30AM			8:30AM			8:30AM			8:30AM						
9:00AM		Deep Water (9:05-9:55)		9:00AM	Lane Swim	JSwim - 9:00-12:00	9:00AM	Shallow Water (9:05-9:55)		9:00AM	Lane Swim	JSwim 9:00-12:00	9:00AM	Shallow Water (9:05-9:55)		9:00AM	JSwim 8:45-1:30		9:00AM	JSwim 8:45-1:30					
9:30AM				9:30AM			9:30AM			9:30AM			9:30AM			9:30AM			9:30AM						
10:00AM		Aqua Healing (10:05-10:55)		10:00AM			10:00AM	Aqua Healing (10:05-10:55)		10:00AM			10:00AM	Aqua Healing (10:05-10:55)		10:00AM			10:00AM						
10:30AM		Family/ Open Swim		10:30AM			10:30AM	Family/ Open Swim		10:30AM			10:30AM	Family/ Open Swim		10:30AM			10:30AM						
11:00AM				11:00AM			11:00AM			11:00AM			11:00AM			11:00AM			11:00AM						
11:30AM	As you choose (12:05-12:55)		11:30AM	11:30AM			As you choose (12:05-12:55)		11:30AM	11:30AM			As you choose (12:05-12:55)		11:30AM	11:30AM									
12:00PM			12:00PM	12:00PM					12:00PM	12:00PM					12:00PM	12:00PM									
12:30PM	Lane Swim	Family/ Open Swim	12:30PM	12:30PM			Lane Swim	Family/ Open Swim	12:30PM	12:30PM			Lane Swim	Friday Fun Day & Open Swim	12:30PM	Certification Courses (10:00-6:00)	Lane Swim	12:30PM	Certification Courses (10:00-6:00)	Family Swim & Birthday Parties Bookings					
1:00PM			1:00PM	1:00PM					1:00PM	1:00PM					1:00PM			1:00PM							
1:30PM			1:30PM	1:30PM					1:30PM	1:30PM					1:30PM			1:30PM							
2:00PM			2:00PM	2:00PM					2:00PM	2:00PM					2:00PM			2:00PM							
2:30PM			2:30PM	2:30PM					2:30PM	2:30PM					2:30PM			2:30PM							
3:00PM	JSwim 3:45-7:30		3:00PM	3:00PM	JSwim 3:45-7:30		3:00PM	3:00PM	JSwim 2:45-6:30		3:00PM	3:00PM													
3:30PM			3:30PM	3:30PM			3:30PM	3:30PM			3:30PM	3:30PM													
4:00PM			4:00PM	4:00PM			4:00PM	4:00PM			4:00PM	4:00PM													
4:30PM			4:30PM	4:30PM			4:30PM	4:30PM			4:30PM	4:30PM													
5:00PM			5:00PM	5:00PM			5:00PM	5:00PM			5:00PM	5:00PM													
5:30PM	Lane Swim		5:30PM	5:30PM	Lane Swim		5:30PM	5:30PM	Certification Courses (4:30-8:30)		5:30PM	Lane Swim		5:30PM	Lane Swim										
6:00PM			6:00PM	6:00PM			6:00PM	6:00PM			6:00PM			6:00PM											
6:30PM			6:30PM	6:30PM			6:30PM	6:30PM			6:30PM			6:30PM											
7:00PM			7:00PM	7:00PM			7:00PM	7:00PM			7:00PM			7:00PM											
7:30PM			7:30PM	7:30PM			7:30PM	7:30PM			7:30PM			7:30PM											
8:00PM	Lifesaving JFins Club		8:00PM	JFins Swim Club			8:00PM	Lifesaving JFins Club			8:00PM	JFins Swim Club		8:00PM	Family/ Open Swim		8:00PM			8:00PM					
8:30PM	Lane Swim		8:30PM	Lane Swim			8:30PM	Lane Swim			8:30PM	Lane Swim		8:30PM	Lane Swim		8:30PM			8:30PM					

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+ participants;  
Aqua healing classes with less than 8 participants will have 3 lanes, and 4 lanes with 8+ participants

Schedule subject to change without notice • Please check [calgaryjcc.com/schedules](http://calgaryjcc.com/schedules) for up-to-date information

\* February 16  
8-11AM • Lane Swim • 5 Lanes  
11AM-12PM • Lane Swim • 2 Lanes  
11AM-12PM • Family Swim • 3 Lanes  
12-3PM • Family Swim • 5 Lanes