PAPERNY FAMILY JCC CALGARY

MARCH 2026 Pool Schedule

HOT TUB CLOSES
at **8:30PM** every Monday
at **5:00PM** every Friday

March 6 & 27 • 1:15-2:15PM | Day Camp/Open Swim
March 11 • 5:30AM-5:30PM | Early Closure for Staff Training

March 1 to 31

MONDAY

- Lane Swim (5:30AM–8:30AM)
- Private Lesson (6:30AM–7:00AM)
- Shallow Water (8:05-8:55)
- Deep Water (9:05-9:55)
- Aqua Healing (10:05-10:55)
- Family/ Open Swim (11:00AM–1:00PM)
- As you choose (12:05-12:55)
- Lane Swim (1:00PM–3:00PM)
- JSwim 3:45-7:30 (3:30PM–7:30PM)
- Lifesaving JFins Club (7:30PM–8:00PM)
- Lane Swim (7:30PM–8:30PM)

TUESDAY

- Lane Swim (5:30AM–8:30AM)
- Private Lesson (6:30AM–7:00AM)
- Tether (7:35-8:25)
- Lane Swim (9:00AM–12:00PM)
- JSwim - 9:00-12:00 (9:00AM–12:00PM)
- As you choose (12:05-12:55)
- Lane Swim (1:00PM–2:00PM)
- KidsR Us 1:05-2:35 (1:00PM–2:00PM)
- Family/ Open Swim (2:00PM–3:00PM)
- JSwim 3:45-7:30 (3:30PM–7:30PM)
- JFins Swim Club (7:30PM–8:00PM)
- Family/ Open Swim (7:30PM–8:30PM)
- Lane Swim (8:00PM–8:30PM)

WEDNESDAY

- Lane Swim (5:30AM–8:30AM)
- Private Lesson (6:30AM–7:00AM)
- Deep Water (8:05-8:55)
- Shallow Water (9:05-9:55)
- Aqua Healing (10:05-10:55)
- Family/ Open Swim (11:00AM–1:00PM)
- As you choose (12:05-12:55)
- Lane Swim (1:00PM–3:00PM)
- JSwim 3:45-7:30 (3:30PM–7:30PM)
- Lifesaving JFins Club (7:30PM–8:00PM)
- Lane Swim (7:30PM–8:30PM)

THURSDAY

- Lane Swim (5:30AM–8:30AM)
- Private Lesson (6:00AM–6:30AM)
- Private PT (6:30AM–7:00AM)
- As you choose (7:35-8:25)
- Lane Swim (9:00AM–12:00PM)
- JSwim 9:00-12:00 (9:00AM–12:00PM)
- As you choose (12:05-12:55)
- Lane Swim (1:00PM–3:00PM)
- JSwim 3:45-7:30 (3:30PM–7:30PM)
- JFins Swim Club (7:30PM–8:00PM)
- Family/ Open Swim (7:30PM–8:30PM)
- Lane Swim (8:00PM–8:30PM)

FRIDAY

- Lane Swim (5:30AM–8:30AM)
- Private Lesson (6:30AM–7:00AM)
- Tether (8:05-8:55)
- Lane Swim (7:00AM–8:00AM)
- Lane Swim (9:00AM–12:00PM)
- Shallow Water (9:05-9:55)
- Deep Water (10:05-10:55)
- Family/ Open Swim (11:00AM–1:00PM)
- As you choose (12:05-12:55)
- Lane Swim (1:00PM–2:00PM)
- Friday Fun Day & Open Swim (1:00PM–2:00PM)
- JSwim 245-6:30 (2:00PM–6:00PM)
- Certification Courses (4:30-8:30) (6:30PM–8:00PM)

SATURDAY

- Lane Swim (7:00AM–8:00AM)
- Opern Swim (7:00AM–8:00AM)
- JSwim 8:45-1:30 (8:30AM–1:00PM)
- Certification Courses (10:00-6:00) (1:30PM–6:00PM)
- Lane Swim (6:00PM–8:00PM)
- Lane Swim (1:30PM–6:00PM)
- Family Swim & Birthday Parties Bookings (1:30PM–6:00PM)

SUNDAY

- Lane Swim (7:00AM–8:00AM)
- Open Swim (7:00AM–8:00AM)
- Aqua Variety (8:00-8:50)
- JSwim 8:45-1:30 (9:00AM–1:00PM)
- Certification Courses (10:00-6:00) (1:30PM–6:00PM)
- Lane Swim (6:00PM–8:00PM)
- Family Swim & Birthday Parties Bookings (1:30PM–6:00PM)

Note: Aquafit classes with less than 12 participants will have 3 lanes, and 4 lanes with 12+ participants; Aqua healing classes with less than 8 participants will have 3 lanes, and 4 lanes with 8+ participants

In accordance with public health regulations, all pool users are required to take a cleansing shower prior to entering the pool

Schedule subject to change without notice • Please check **calgaryjcc.com/schedules** for up-to-date information