

Art Together Apart[©]

Second Edition



Facilitator: Alan Briks ATR-BC

Visual artist and certified art therapist

**SUN
DAY**

**MAR 21
2021**

**2-5:30PM
MDT**

A portion of the proceeds will be donated to Calgary food banks' pandemic relief.

\$36 (Code: 7549)

Register online: mycalgaryjcc.com
or call: 403-253-8600, ext.0

For information contact Shula Banchik
at 403-537-8596 or shula@cjcc.ca.



Marc Chagall, *Circle of Life, Paris Opera*

Our lives have been altered over the past year. We are all in the same ocean, though not necessarily in the same boat, since we have been affected in various ways by the pandemic.

This pleasant, whimsical, and gently-paced workshop will present a series of progressive art exercises with a basis in art therapy practice. Participants are welcomed to a safe space for creativity and exchange, involving visual expression, journaling, and self-reflection. This workshop is geared to adults. Skills/background in visual art not required.

Basic art materials needed. A suggested list will be sent upon registration.