

# CHASIA'S ENCHANTMENT

## Workshop and Book Presentation

WED  
**28**  
APRIL 2021

7:00 -  
8:30PM  
MDT

REGISTER

OR

THUR  
**29**  
APRIL 2021

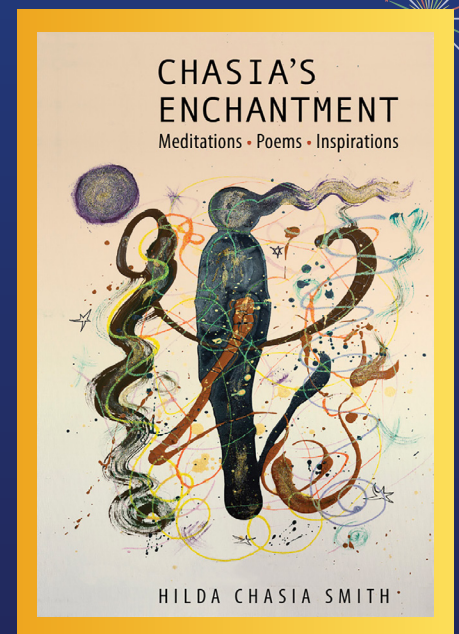
11:00AM -  
12:30PM  
MDT

REGISTER

Join us for a fun, uplifting, and meaningful workshop for **Lag BaOmer**, the Jewish Kabbalistic holiday!

Listen to inspiring poetry, relaxing guided meditations, and learn to build your own mindfulness practice with tools from **Hilda Chasia Szternfeld Smith's new book, *Chasia's Enchantment***.

For more information email [Shula Banchik](mailto:Shula.Banchik).



**Hilda C.S. Smith** is a professional educator, teacher, artist, yoga and meditation master, and energy healer. She has recently been named the recipient of the International Association of Top Professionals (IAOTP). Her book, *Chasia's Enchantment* has been shortlisted for the Alberta publishers book award after being a best seller in Calgary for four weeks.