

PAPERNY FAMILY

JCC
CALGARY

PAPERNY FAMILY

JCC
CALGARY

calgaryjcc.com

403-253-8600
1607 90 Avenue SW
Calgary, AB T2V 4V7



PWR! Moves

for people living with Parkinson's disease

The Paperny Family JCC offers a variety of classes for people living with Parkinson's disease.



Start with a PWR! Moves Assessment and move into a class tailored specifically for you.

Drop-in is available for PWR! Moves.

PWR! Moves Assessments

Assessment* and class orientation will be scheduled prior to your first class.

Book your assessment: Contact Cherlene Magnuson at 403-444-3159 or cmagnuson@cjcc.ca.

Assesment Cost: \$49

** Assessment times vary and may be approximately 60 to 90 minutes in length.*

Registered Classes

Currently, we have in-person and virtual classes available.

In-person Classes: Paperny Family JCC
Mondays and Wednesdays, 1:15 - 2:15PM
\$9 per class

Virtual Classes: Zoom
Mondays, Wednesdays, and Fridays, 1:15 - 2:15PM
\$30 per month

Classes are offered continuously through the year.

Registration: At the JCC Customer Service Desk or call 403-253-8600, ext.0.